



Making the Hard Changes

Ephesians 4:21-27

There is not a righteous man on earth who does what is right and never sins. (Ecclesiastes 7:20, NIV)

Why it's hard to change our "defects":

1. I've had them so long.
2. I identify with them.
3. My defects have a payoff.
4. Because Satan discourages me.

Change requires...

...learning the truth. (*Ephesians 4:21, NIV*)

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work. (2 Timothy 3:16-17, NIV)

...making choices.

...new thinking.

...the Holy Spirit.

...honest community.

...overcoming temptation.