

## How do we create the spiritual pressure inside of us that is strong enough to withstand the outside pressures on us?

His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires. (2 Peter 1:3-4, NIV)

## **STARTING POINTS:**

- 1. I have access to <u>God's</u> power.
  - . God's power is <u>unlimited</u>.
  - . God's power is <u>unleashed</u>.
  - God's power is <u>unlocked</u>.



## 2.1 have access to <u>God's promises</u>.

- . God's promises are incalculable.
- . God's promises are <u>infallible</u>.

For no matter how many promises God has made, they are "Yes" in Christ. And so through him the "Amen" is spoken by us to the glory of God. (2 Corinthians 1:20, NIV)

- . God's promises are <u>always</u> <u>available</u> to <u>us</u>.
- 3.1 have <u>God's purpose</u>.

## FOUR-STEP STRATEGY:

- 1. <u>Analyze</u>.
- 2. <u>Personalize</u>.
- 3. <u>Memorize</u>.
- 4. <u>Verbalize</u>.