

PASTOR
CHUCK DEVOS

L.I.F.E.
Live It For Eternity

Sunday,
Aug 4, 2024



*Silencing Negative
Thoughts*

Proverbs 4:23,
Romans 8:5-6

*What do you say to yourself
when you talk to yourself?*

Above all, be careful what you think because your thoughts control your life. (Proverbs 4:23, ETRV)

1. Your thoughts have power.
2. You have power over your thoughts.

Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind of sinful man is death, but the mind controlled by the Spirit is life and peace; (Romans 8:5-6, NIV)

4 areas of negativity:

1. Relational cynicism.
2. Negative filtering.
3. Absolute thinking.
4. Blaming.

Ruminates on God's Word