



## What If I Took Control Of My Thoughts?

2 Corinthians 10:5

What if I took control of my thoughts?

### Problems With Negative Thinking:

1. Negative thinking \_\_\_\_\_ me of a life of \_\_\_\_\_.
2. Negative thinking leads to \_\_\_\_\_.
3. Negative thinking causes \_\_\_\_\_ in \_\_\_\_\_.

### Benefits Of Controlling My Thoughts:

1. I'll be \_\_\_\_\_.
2. I'll develop a more \_\_\_\_\_ view of the \_\_\_\_\_.

\_\_\_\_\_ doesn't mean  
that you avoid thinking about \_\_\_\_\_  
\_\_\_\_\_ ; it means that you avoid thinking  
about \_\_\_\_\_.

3. I'll become more \_\_\_\_\_.



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### To Take Control Of My Thoughts:

1. I think \_\_\_\_\_.  
...we take captive every thought to make it obedient to Christ.  
(2 Corinthians 10:5, NIV)
2. I think with a \_\_\_\_\_.  
Finally, brothers, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. (Philippians 4:8, NIV)
3. I think in the \_\_\_\_\_ of \_\_\_\_\_.  
Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – His good, pleasing and perfect will. (Romans 12:2, NIV)  
...be made new in the attitude of your minds. (Ephesians 4:23, NIV)
4. I \_\_\_\_\_ what I think about.
5. I need to \_\_\_\_\_ my \_\_\_\_\_.
  - The \_\_\_\_\_
  - The \_\_\_\_\_  
Greater is He that is in me than he who is in the world. (1 John 4:4, NIV)
  - The \_\_\_\_\_
6. I keep the \_\_\_\_\_ the \_\_\_\_\_.  
Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbor as yourself.'" (Matthew 22:36-39, NIV)