



Stress Reduction

Proverbs 22:7

The rich rule over the poor, and the borrower is servant to the lender.
(Proverbs 22:7, NIV)

3 Prayers To Reduce Financial Stress:

1. “God, give me _____.”

Like a city whose walls are broken down is a man who lacks self-control. (Proverbs 25:28, NIV)

2. “God, give me _____.”

...my people are destroyed from lack of knowledge.
(Hosea 4:6a, NIV)

3. “God, give me a _____.”

The plans of the diligent lead to profit as surely as haste leads to poverty. (Proverbs 21:5, NIV)

A Solid Financial Plan:

1. I have a \$ _____.

2. I start a _____.

3. I set aside ____ to ____ months _____.

Good planning and hard work lead to prosperity, but hasty shortcuts lead to poverty. (Proverbs 21:5, NLT)